# **T.S.O. Sports Code of Conduct**

# **Zero-Based Tolerance Policy**

T.S.O. Sports has established a Code of Conduct for all Coaches, Players, Parents and Spectators. The below listed infractions will result in a minimum of a one (1) year suspension from our Complex as determined by the T.S.O. administration

- A) Fighting and/or physical contact.
- B) A spectator entering the playing area without prior approval from a coach or referee.
- C) Consumption and/or possession of alcohol, drugs, or other intoxicants, during games.
- D) Sexual harassment and/or devious sexual behavior.
- E) Destruction and/or stealing of league property or equipment.
- F) Verbal threats, intimidation and/or harassment.
- G) Possession of a firearm or other weapons during games, practices, or on complex property.
- H) Knowingly allowing a player to play while injured and/or creating an unsafe playing condition for any player.
- I) Bringing a pet to the field and refusing to remove pet when asked.
- J) Smoking on the field and when asked to stop, refuse.
- K) Artificial noisemakers (airhorns) are not allowed at games.

# **Parent/Spectator Expectations**

Youth sports parent expectations include prioritizing their child's enjoyment and well-being over winning, fostering a positive environment with good sportsmanship, and supporting their child's development by encouraging skill-building and discipline rather than trying to relive their own athletic dreams. Parents should set realistic goals, avoid coaching from the sidelines, allow their child to own the experience, and maintain a healthy balance between sports and other family commitments.

#### **Prioritize fun and well-being:**

The goal of youth sports is for children to have fun, learn new skills, and develop character, not to win at all costs.

#### **Encourage skill and effort, not just outcomes:**

Focus on your child's effort, improvement, and growth, rather than solely on performance or results.

#### **Model good sportsmanship:**

Show respect to coaches, referees, opponents, and fellow parents, as your attitude is often mirrored by your child.

#### Set Realistic Goals & Avoid Pressure

#### **Avoid living vicariously:**

Do not try to fulfill your own past athletic ambitions through your child; let them pursue their interests.

#### **Set realistic expectations:**

Understand that only a tiny percentage of athletes go on to play professionally or even receive college scholarships.

## Celebrate effort, not just winning:

Find joy in the process and your child's engagement with the sport, not just in the final score.

### Promote a Healthy Youth Sports Environment

### Allow children to own their experience:

Let your child take the lead and develop their own confidence by allowing them to reflect on the game and share their own opinions first.

#### Communicate and be involved:

Maintain regular communication with coaches to stay informed and understand the team's goals and needs.